



Support Free Counseling for Teens and Families!

Join us Sept 13th 2025 for the Brandon's House Counseling Center's annual BeKind with Brandon's House Fun-tastic 5k. We will be running/walking at the New Albany Ohio River Greenway Trail (parking lot next to Amphitheatre) to raise awareness and funds for mental health care for teens and families in our community.

We run and walk in memory of Ella — a smart, beautiful, and athletic young lady whose wit, kindness, and vibrant spirit left a lasting mark on everyone who knew her. This 5K is part of the *BeKind* movement, born from her life and legacy — reminding us that even the smallest act of kindness can have a powerful ripple effect. **Join us in honoring Ella Reese Walker and helping kindness go the distance.**

Our goal is to raise **\$50,000** to help cover the cost of the **FREE counseling for teens & families** in our community. We offer completely FREE professional mental health counseling at Brandon's House at our newer facility (421 W. 1st St, New Albany, IN).

Teens in our community are facing more challenges than ever, with higher levels of stress, anxiety, and depression. Suicide is the 2nd leading cause of injury death in Indiana.

Ways to Help

- Sign up to run, bring the whole family or get a team together!
*See QR code above for signing up.
- Ask friends and family to join or sponsor your 5k team.
- Commit to being a sponsor by **Aug 28th, 2025**

DONATE
HERE



Be Kind with Brandon's House FUN-Tastic 5k Sponsorship Form

Name _____ Phone number _____

Email address _____

I want to sponsor the Be Kind w/Brandon's House 5K. Sponsorship must be paid by Aug 28th, 2025 to appear on shirt.

Name as you want it to appear: _____

We are trying to truly connect every dollar to the *free* counseling we provide. An hour long session costs \$125 & a teen client typically is with us for 12 sessions. That comes out to \$1500 per teen client. So we are trying to create levels that coordinate with covering the cost of counseling for the kids that come to Brandon's House.

We will provide each sponsor with their name on the back of the 5k shirts (needed by Aug. 28th) and with proper recognition on our social media. Your sponsorship money *will* go directly to helping the 300+ teens & their families we will counsel in 2025.

Be Kind w/Brandon's House Fun-tastic 5k Levels		
Silver (\$1,000)	Gold (\$2,500)	Platinum (\$5,000)
Registrations & T-shirts will be comp'd for team of 6 participants -Name on back of race shirt (Thank you for covering the cost of 1 teen client's counseling)	T-shirts will be comp'd for team of 10 participants – -Logo on back of race shirt -Recognition on our social media platforms (Thank you for covering the cost of 2 teen client's counseling)	T-shirts will be comp'd for team of 15 participants -Logo on back of race shirt -Recognition on our social media platforms -Recognition at race with sign/banner (Thank you for covering the cost of multiple teen clients' counseling)

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